Dear Parents and Caregivers,
Welcome back to the new year of 2023. It has been really nice to see all of the happy, smiling faces as students have returned back this week. As I have been welcoming families into the school during the mornings, it has been great to find out what you have all been up to during your school holidays. I couldn’t tell who was happier that school was back — the students or the parents leaving after dropping their children off to class!

We have 10 new receptions that have started with us this year. We would like to welcome them all to the school with their families.

Reception and Year 1 class enjoying some relaxation after playtime.

**Acquaintance Afternoon & AGM**
We would like to invite all of the Heathfield families to the school on Tuesday 14th February between 4:00 and 5:30pm. Our classrooms will be open to families to come and meet teachers and also get to know what will be happening throughout this year. Each class will do a short 15 minute presentation during the following times. You are welcome to continue to visit the classes outside of these times as well.

<table>
<thead>
<tr>
<th>Time</th>
<th>Teacher</th>
<th>Year Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00</td>
<td>Sarah Crowder</td>
<td>Reception—Year 1</td>
</tr>
<tr>
<td>4:15</td>
<td>Jan Sutton</td>
<td>Year 1/2</td>
</tr>
<tr>
<td>4:30</td>
<td>Kathy Smith</td>
<td>Year 5</td>
</tr>
<tr>
<td>4:45</td>
<td>Ester Milter</td>
<td>Year 4</td>
</tr>
<tr>
<td>5:00</td>
<td>Renee Johnston</td>
<td>Year 5/6</td>
</tr>
<tr>
<td>5:15</td>
<td>Donato Zotti</td>
<td>Year 2/3</td>
</tr>
</tbody>
</table>

Following the Acquaintance Afternoon will be our AGM which will be from 5:30pm in the Library. You will be able to hear about some of our highlights from 2022, and we will be electing new Governing Council members. It is expected that the AGM will only go for about 1/2 an hour.
Classes in 2023
This year we are running 6 classes across the following year levels:

- **Reception/ Year 1** – Sarah Crowder (4 days) and Monique Adams (1 day)
- **Year 1/2** – Jan Sutton (3 days) and Monique Adams (2 days)
- **Year 2/3** – Donato Zotti
- **Year 4** – Ester Milter (4 days) and Michael White (1 day)
- **Year 5** – Kathy Smith (4 days) and Claire Gallagher (1 day)
- **Year 6/7** – Renee (3 days) and Claire Gallagher (2 days)

**Reading Army**
The Reading Army program is starting on Wednesday 8th February and will be running every Wednesday and Friday morning between 8:30am and 8:50am. Students are welcome to come to the library in the morning on these days. I will have a number of reading mentors that will support younger readers to read to the mentors or listen to the mentors read to them.

**Hats**
Just a reminder that during term 1 and 4 students need to have wide brim hats on while in the yard. If your child doesn't have a hat they can buy them from the front office for $12.00.

**Sporting Schools**
Sporting schools program is starting up again this term. In week 4 students will be taking part in Ultimate Frisbee coaching. Students will have the opportunity to learn this new sport that is becoming very popular.

**Whole School Assembly**
Our first Whole School Assembly will be on Thursday 23rd February at 9am. All families are welcome to attend to see what students have been doing in class. Heather Lee, our Indonesian teacher will be facilitating the first assembly, with the support of a number of students.

**ICT Upgrades**
Over the next month the school will be receiving a number of ICT upgrades to our network. This will improve the speed of our network and wireless internet capabilities. We are hoping all upgrades will be finished by the end of February.

**Student Free Day**
We will be having a **Student Free Day on Friday 10th March**. We will be working with the Brightpath team around writing improvement. The Student Free Day will line up with the Adelaide Cup public holiday on Monday 13th March so families can enjoy an extra long weekend.

Luke Kenny
Principal

**New Facebook Page**
We are pleased to be able to launch our official Facebook page this week. We will use this platform to share events and student learning with the community. We encourage you to follow our Heathfield Primary School page[1](1) Heathfield Primary School | Facebook and be mindful of the rules to ensure student safety and a positive experience for all.

Christie Evans
Deputy Principal
CATHY’S CORNER

Welcome back to 2023!

I hope you all had some time to do things you love over the holiday break. I’ve heard some wonderful stories from students about their holidays. It sounds as though a lot of families have spent time by the sea in the last couple of months and lots of students have been very eager to share their holiday stories.

One of the things that children often struggle with is sleep – getting to sleep, staying asleep or getting up in the morning. It is quite common for children have difficulties with sleep and some find it very distressing and this, of course, usually exacerbates the problem! Coming back to school and resetting bedtimes and routines can sometimes highlight the issues some children have with sleep. This is a link to an article about a sleep study. It mentions children on the autism spectrum specifically but the strategies given in the article are helpful for all children: https://www.generationnext.com.au/2022/12/bedtime-strategies-for-kids-with-autism-and-adhd-can-help-all-families-get-more-sleep/

On a completely different topic, Breakfast Club will start up again in week 2 this term. From 8.30am on Thursday mornings, we will be serving toast and milo in the Warrendi kitchen for any children that would like to join us (even if they have already had breakfast at home!). If you would like to support Breakfast Club, I would love to hear from anyone who would like to butter toast from just before 8.30am until 8.50am. If toast-buttering is not your thing, then we are happy to receive donations of strawberry or apricot jam or cartons of milk. All volunteers will be required to complete the relevant ‘volunteering’ paperwork, so please see Nikita in the Front Office for help with this process. Just let me know if you would like to donate anything (cathy.payne256@schools.sa.edu.au) and I’ll be very willing to let you know what items would be helpful! Breakfast club was a lot of fun last year and I’m looking forward to sharing toast and conversation with whoever comes along this year. And a BIG thank you to Stirling Bakery who are donating our bread again this year.

Have a great weekend,
Cathy
COMMUNITY NEWS

Want $500 to help you with school costs?

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

☑ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
☑ Be studying yourself OR have a child in school (can be starting school next year)
☑ Have regular income from work (either yourself or your partner)*
☑ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the $500 can be used for:

- laptops & tablets
- uniforms & shoes
- books & supplies
- sports fees & gear
- insurance & activities
- camps & excursions

For more information, please contact your local Saver Plus coordinator:

Stacey Hall
stacey.hall@thesmithfamily.com.au
0417 048 689

Saver Plus is an initiative of the Brotherhood of St. Laurence and ANZ and delivered in partnership with local community organisations.

The program is funded by ANZ and the Australian Government Department of Social Services.

DELIVERED BY

The Smith Family

Find out more at saverplus.org.au
Join Stirling Districts Football Club for the 2023 Season!
All ages, genders and skill levels welcome
Junior teams from age 7 to 17
Junior Club Registration open Feb 2023 (dates to be confirmed)
Senior Men & Women's pre-season begins Jan 2023

A great club with a bright future
Be part of our growth and development!

SOUTH ADELAIDE NETBALL CLUB
Come join the Premier League Club of the South

Week 1—Term 1, 2023